Intern Role: Assist with delivering a functional fitness and exercise program for individuals living with brain injury related disabilities.

Location: SLI Brain Injury Health and Wellness Center, 7 Oakland St., Lexington, MA

Spring Program: 1/16/17 – 5/9/2017
Mon –Fri 12:30pm to 5:30 pm (Ideally 9 hour commitment per week, and up to 12 or 15 hours per week) Tuesday and Thursday timings possible.

Internship Description: Under the direction of the Physical Fitness and Wellness program director, a fitness assistant intern at the SLI Brain Injury Wellness Center will actively participate in administering Supportive Living Inc.’s exercise and wellness program for individuals with brain injury. This includes assisting program participants with a variety of therapeutic and functional exercises. Interns also will assist with our ongoing research program.

Time Commitment: Interns must complete a minimum of 90 hours (or more) of hands-on experience. Minimal commitment is 9 hours per week. Additional internship opportunities and hours are available up to 120 or 150 hours per semester. Additional requirements: Participation in orientation (2 hours) and writing a reflective essay on this internship.

Qualifications:
1. Undergraduate or graduate students desiring to gain a basic understanding of, and comfort working with individuals living with and recovering from brain injury.
2. Able to work both independently and as part of a team, and able to effectively follow the training guidelines established by the Program Director. Field of study may include, but not limited to: exercise physiology, recreation, psychology, neuroscience, kinesiology, physical therapy, occupational therapy, health, etc.
3. Able to assist in monitoring participant outcomes by recording health data that will be applied to improving the Center's brain injury rehabilitation program.

To learn more about this internship please view a short video at:
https://www.youtube.com/watch?v=Os1MEbF9PlQ&feature=youtu.be

For additional information regarding this internship please contact Peter J. Noonan, Executive Director, Supportive Living, Inc. at peter.noonan@verizon.net or 781-937-3199 or visit: www.supportivelivinginc.org