



Supportive Living, INC.

BRAIN INJURY PROGRAMS

## Brain Injury Adaptive Exercise Program Internship: Spring 2019

**Intern Role:** Assist with delivering a physical fitness program designed to improve the quality of life of survivors of acquired brain injury (ABI).

**Location:** SLI Brain Injury Health and Wellness Center, 7 Oakland St., Lexington, MA

**Spring Programs:** 1/28/19- 5/3/19 | **Monday-Wednesday-Friday** 12:30pm to 5:30pm

**Tuesday-Thursday** 12:30pm to 5:30pm

**Job Description:** Under the direction of the Wellness Center program director, an intern at the SLI Brain Injury Wellness Center will actively participate in administering an intensive physical fitness program for survivors of ABI. There are two separate physical fitness internship offerings at SLI for the Spring of 2019, with one program running Monday-Wednesday-Friday and another program running Tuesday-Thursday. A full-time M-F, 1:00pm-5:00pm internship can also be explored.

**Commitment:** Interns will complete up to 150 hours of hands-on experience for the Monday-Wednesday-Friday internship, or up to 120 hours for the Tuesday-Thursday internship. Please note these are both unpaid positions. Application deadline is January 18.

### Qualifications:

1. Undergraduate or graduate students looking to gain a basic understanding of, and comfort working with individuals living with and recovering from brain injury
2. Able to work both independently and as part of a team while effectively following the training guidelines established by the Program Director. Field of study may include, but not limited to: exercise physiology, recreation, psychology, neuroscience, kinesiology, physical therapy, occupational therapy, health, etc.
3. Able to assist in monitoring participant outcomes by recording health data that will be applied to improving the Center's brain injury rehabilitation program

To learn more about Supportive Living, Inc. and this internship, please view a short video at: <https://www.youtube.com/watch?v=Os1MEbF9PIQ&feature=youtu.be>

For additional information regarding this internship please contact Harrison Carmichael, Wellness Center Manager, Supportive Living, Inc. at [hcarmichael@supportivelivinginc.org](mailto:hcarmichael@supportivelivinginc.org) or 508-245-8797 or visit: [www.supportivelivinginc.org](http://www.supportivelivinginc.org)