



Supportive Living, INC.
BRAIN INJURY PROGRAMS

North Shore Brain Injury Adaptive Exercise Program Fall 2019

Intern Role: Assist with delivering a physical fitness program designed to improve the quality of life of survivors of acquired brain injury (ABI).

Location: Lunch/van Otterloo YMCA, Marblehead, MA

Fall Programs: 9/24 – 12/12/2019 | **Tuesday-Thursday** 9:00am-12:30pm

Job Description: Under the direction of the manager of the Neuro Wellness Program, an intern in the Brain Injury Adaptive Exercise Program will actively participate in administering an intensive physical fitness program for survivors of ABI. Responsibilities include assisting in taking physiological and functional measurements, assisting with exercise program design and providing one-on-one support to survivors of ABI. Candidates should have a working knowledge of physical fitness as it pertains to improving strength and cardiovascular fitness.

Commitment: Interns will complete up to 120 hours of hands-on experience

Qualifications:

1. Undergraduate or graduate students looking to gain a basic understanding of, and comfort working with individuals living with and recovering from brain injury
2. Able to work both independently and as part of a team while effectively following the training guidelines established by the Program Manager. Field of study may include, but not limited to: exercise physiology, psychology, neuroscience, kinesiology, physical therapy, occupational therapy, health studies, etc.
3. Able to assist in monitoring participant outcomes by recording health data that will be applied to improving the Center's brain injury rehabilitation program

For additional information please contact Harrison Carmichael, Wellness Center Manager, at hcarmichael@supportivelivinginc.org or (781) 274-8711 or visit: www.supportivelivinginc.org